



# SELF MASTERY SCHOOL OF CREATION

## Modules and Units of Study

### Module 1 – SELF MASTERY PROGRAM (compulsory)

The SELF MASTERY module of study accounts for 25-30% of the potential life transformation created via The One Year Training. This module needs to be focused on in conjunction with the Art of Creation Module as the development of the mastery of your energy and consciousness is a precursor to your Self Mastery of Creation.

This module consists of three units of study:

- a monthly self mastery newsletter (approx 20 pages in length for most months) which holds teachings, tips and keys for the self mastery of your energy and consciousness for one specific aspect of your life. Each student writes within their Self Mastery Journal and attunes to the major process or project of each month's lesson via the newsletter's instructions.
- a series of 30-45 minute self mastery energy/consciousness practices, received via audio recordings over the year (one to work with over each month). Aside from these regular self mastery practices, all are asked to attune and read and work with their Divine Presence Manual as guided by their own heart throughout the year.
- a series of 90 minute Divine Presence linkups, received via audio recordings over the year (one to work with over each month). These meditation linkups are designed to support each student of the school to open a deeper connection to their Divine Presence.

### Module 2 – THE ART OF CREATION (compulsory)

This ART OF CREATION module of study accounts for 25% of the potential life transformation created through interaction with this program. This module needs to be focused on in conjunction with the Self Mastery Module, as the development of the mastery of your energy and consciousness is a precursor to your self mastery of Creation.



This module consists of two units of study:

- Empowerment Lessons via regular email newsletters which hold practices from the science of sacred sound for the ignition of one's divine voice and power of creation. These lessons also include repatterning processes of one's energy body and consciousness for the clearing of one's creation wound, through a series of codes and mantras. This repatterning process is powerfully supported by a series of energy maps for the opening and clearing of the pathways of light within your Creation Body. These maps will be received in the student package.
- A Deep Journey into the realm of Creation with Yamala and the Ancestral Guardians of the Earth, via a Series of Creation teachings/journeys and Sacred Sound practices offered via high quality audio recordings.

### **Module 3 - DIVINE DESIGN (Compulsory)**

This module involves receiving a series of potential Creation assignments and working in sacred space and in a higher state of connection to co-create sacred art or divine design with one's Higher Self and Divine Presence. All students will receive a series of 3 projects that they may choose from as one of their Creation projects each term. This module consists of one unit of study.

### **Module 4 – DIVINE ASSISTANCE – Monthly Personal Sessions with your Student Guide (Compulsory)**

The DIVINE ASSISTANCE module consists of:

- 12 personal sessions with the student's assigned mumara (student guide) of the Self Mastery School. These one hour sessions are received either by phone, skype or chat, and are received once a month throughout the year. Every student is assigned a mumara to work with for the year that will support them to move through their training and assist them with their own clearing and healing. This mumara may also be a witness to the student's practice session of offering a client an Empowerment Session as their one hour final assessment (the student's twelfth session with their mumara) for entry to the Sound and Light Healing Retreat held at the end of the one year training. This module consists of one unit.

### **Module 5 – SOUND AND LIGHT HEALING (Elective 1 – Energy Preparation of one's Sound and Light Channel)**

The SOUND AND LIGHT HEALING module consists of:

- a series of trainings (through an online chat room or teleconference) on the process of making a clear connection through the student's Sound and Light Channel, to Divine Presence. This is done for the purpose of transmitting the sacred prayers, the love, and the ancient healing sounds of the higher self and Presence from the spiritual planes to another, via the open heart.
- a series of trainings (through an online chat room or global teleconference) on the process of preparation for offering an Empowerment Session via creating a clear connection to one's Divine Presence and the Ancestors
- a series of trainings (through an online chat room) on how to offer an Empowerment Session to another as a Sound and Light Healer. This module consists of one unit.



- if you complete all requirements of this module, you will be offered the opportunity to complete your training as an Accredited Sound and Light Channel through attending a 5 day residential Empowerment Retreat with Lelama Sjamar in Bali in March or April 2013. The purpose of this retreat is to be trained in the Empowerment Session live and be given the opportunity to deliver 3 sessions a day in the presence of your instructor. This is optional on completion of this module. The costs of this 5 day retreat are not a part of the one year training package.

### **Module 6 - MULTIDIMENSIONALITY (Elective 2)**

This module focuses on the understandings of one's consciousness through the connections via one's multidimensional lightbody and one's primary Monad (group consciousness of one's soul extensions). It offers a short program of akashic clearing of one's Monad. The module guides a student through a series of teachings and healings of specific forms of collective karma that may be held by the monad and that create limitations in the expansion, exploration or use of multidimensional gifts or in receiving the power of one's Divine Presence. This module consists of one unit of study.

### **Module 7 - TEMPLE WORK WITH YOUR DIVINE PRESENCE (Elective 3)**

This module focuses on teaching students how to access the Inner Plane Temples and work with the Enlightened Masters and Emissaries and one's Divine Presence through the use of their multidimensional gifts. Within the temple of your Divine Presence, students will be guided in a multidimensional training to activate some of their gifts or abilities and be shown how to strengthen them and work with them to support their path of creation. This module consists of one unit of study.

